

Introducing Joe Dillon's New Monthly Audio Tape Newsletter

Benefits of Joe's New Monthly Audio Newsletter

Energy – learn the latest breakthroughs for maximum energy

Leaner – maximize body fat loss while sustaining your muscle

Aging – slow the aging process, live longer and better

Memory – sharpen your memory and slow brain aging

Immune System – develop the strongest possible defense system

Bones – prevent and reverse bone loss

Features of Joe's New Monthly Audio Newsletter

Cutting Edge – the latest Nutrition, Exercise & Supplementation news

Motivation – get a monthly pep talk from Joe to keep you charged up

Refine Your Process – achieve new levels of health & leanness

Great Coach – trainer of 22 Olympic Gold Medal Winning Athletes

Audio Tape – a user friendly way to learn

Efficient – a good use of your time

Informative - each installment is 45 to 60 minutes long

Great Gift – the gift that keeps on giving month after month

Special Price – only \$119.95 for a full year of state-of-the-art

Order now! Toll free! 888-883-8837
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The Newest Edition Of Joe Dillon's Audio Tape Set

Benefits of the newest edition of Joe's Tapes

Energy – maximize your energy: physical, mental and emotional

Fat Loss – burn body fat and keep your muscle

Appetite Control – conquer cravings and binge eating

Stable Blood Sugar – eliminate mood swings and energy slumps

Sleep – wide awake when you're awake, sound asleep when you sleep

Features of the newest edition of Joe's Tapes

Foundation – the keys to a healthy lifestyle

Motivation – get the motivation to make positive changes

Sustainable Process – a healthy lifestyle you can live with

Great Coach – trainer of 22 Olympic Gold Medal Winning Athletes

Audio Tape – a user friendly way to learn

Efficient – a good use of your time

Informative – hours of sound, scientifically based information

Great Gift – a gift that keeps on giving

Special Price – only \$89.95 for the full set (6 audio tapes)

Order now! Toll free! 888-883-6374